



Spoke



Conestoga College, Kitchener, Ontario, Monday, January 30, 1984.

Member shortage in OCC

Canada's national student organization feels there is power in numbers and has begun an aggressive recruitment campaign to gather college support.

During the final session of the Canadian Federation of Students-Ontario (CFS-O) Winter Conference Jan. 18-22 in Kingston, a decision was made to direct CFS-O's field staff and the executive of the Ontario College Commission (OCC) to conduct a tour of the colleges, meeting with student leaders to promote greater awareness of both CFS-O and the OCC.

The OCC is a division of CFS-O that represents the community colleges.

"The students are at school from nine to five ... to get a job", said Michael Barclay, OCC chairman. He attributes this political apathy to the "completely different outlook college students have."

"The main task is providing a social life so that nine to five doesn't seem so bad," said Barclay.

When the OCC began three years ago there were 12 member colleges but by December 1983, that figure had dropped to seven. There were only three colleges represented at the conference.

Barclay said colleges are transient institutions unlike universities which offer student residences, thereby increasing student unity.

Mary Ann Straw, CFS-O field-worker, said college students have so few rights. The small, independent student bodies don't have the clout of a larger organization such as CFS-O.

"But college say, 'Why join? CFS-O will fight the issues anyway and we'll benefit'. However, the CFS-O won't make any gains if the college won't join us," said Straw. Conestoga College is not a CFS-O member.

Jacqueline Matthews, DSA president, feels most student problems can be handled effectively by the administration.

"Student Services face a lot more student problems directly," said Matthews. "I'm not aware of any student problems, of when there is something bugging them." (the students).

However she does think Conestoga students should be more politically active.

"The government is always asking for student input but people don't take time to get involved. Once you do, it's very interesting," said Matthews.

The fact remains that Conestoga has not gotten involved.

"The students are here for

See OCC page 3



Spoke/John Clement

Bob on the Job.

In the continuous battle to stop illegal parking at Doon campus, head of security, Bob Gilberds, places a ticket beneath the windshield wiper of a car parked in the driveway of 'A' lot.

College pilferage minimal

"We're all good little girls and boys," says Bob Gilberds, security supervisor at Doon.

Well, perhaps not all of us. While theft of material and equipment on this campus is certainly not rampant, there are incidents.

Some areas of the college are more prone to pilferage than others. And smaller articles disappear with greater rapidity than those of more cumbersome proportions.

Jackie Leeuwenburg, manager of food services, found a shortage of 84 dozen forks during the April 1983 inventory.

"Cutlery is the worst," she says. "It just disappears."

Theft of food and condiments is not really a problem says Leeuwenburg. Cafeteria personnel are alert to the situation and difficulties are remedied as they appear. For this reason, coffee drinkers will now find their cream being provided in individual containers from an area near the cash registers instead of from the dispenser at the service counter.

In the technical wing, "mys-

terious losses which can probably be translated as theft" are relatively minor says Tony Martinek, chairman of the technology department programs.

"Financially, it is not a serious problem but morally, it is very significant."

If someone is prepared to take a \$50 article, then he is equally capable of stealing material worth far more says Martinek.

Electronics and metal machining are the highest risk areas because of the portability of small, hand-held equipment. Martinek says the department tries to avoid the system of locked doors and sign-out sheets which reduces morale and student initiative.

Since last May, five lenses, each worth approximately \$300, have disappeared from the fourth floor darkroom. Also listed among the missing items are a matte cutting board, grain focusers and scissors.

"Actually, students are hurting themselves," says Dave Kondo, part-time photography instructor.

Not only is less equipment available for use, but Kondo says he is obliged to keep everything under lock and key for protection. Students must make arrangements to use photography supplies when he will be on the premises.

The Tattletape system (of book check-out) is only one of the security measures employed by the Learning Resource Centre to keep theft to a minimum.

As with computers on campus, much of the audio-visual equipment is chained to carts or tables. This presents a formidable obstacle to would-be thieves.

"There really isn't a problem," says Carl Hiltz, manager of academic support services, who chose not to divulge the various other methods employed.

Mac Rostance, who is in charge of security, says. "Taking all things into consideration; the size of the institution, the number of people and the financial status of

See theft page 4

Location selected

The site of the Electrical Skills Development Centre was announced at the board of governor's meeting Jan. 23.

The free-standing, \$2.42 million building will be located in the northwest area of the campus (formerly the site of the old barn), adjacent to Doon Valley Drive.

It is proposed that tenders will be let by March 19, with construction to begin April 16. The centre is scheduled for completion by September 1984.

In other business, a summary of the multi-year plan was presented which indicates an enrollment increase of 11.3 per cent for 1983-84. Enrollment figures are expected to stabilize at from five to six per cent for 1984-85 and 1985-86, within the six per cent optimum growth levels suggested by the Ministry of Education.

"We are very much on target with growth and expenditures," said President Joseph Martin.

Goodbye Lloyd

Last Friday, Lloyd Hertel, the college's favorite handyman, turned in his fix-it kit and retired.

Along with the traditional plaque presented by President Joe Martin and a Peter Etril Snyder painting from his co-workers, Hertel received a little joke gift at the Thursday afternoon reception held in his honor.

Hertel, who had worked at the college for 14 years had spent a lot of time glueing torn carpet. As a result David Putt, director of Doon and Cambridge campuses, nicknamed him the "glue man," said Mac Rostance, manager of Physical Resources.

A box was covered with some carpet he had been repairing all these years. It contained a brush and a can of contact cement with a label which read, Lloyd's Glue Pot.

Hertel had worked for 13 years at J.M. Schneider's prior to coming to the college. Now that he has retired, he plans to do some gardening and work around the house.

"I like working at making stuff for my grandchildren," said Hertel. "They grow up so soon."

"Most of the time I'll be fixing things, the same as I do around here. The only difference is that there won't be as many pretty girls around, just my wife," said Hertel with a chuckle.

Smile

Success is relative. The more success, the more relatives.

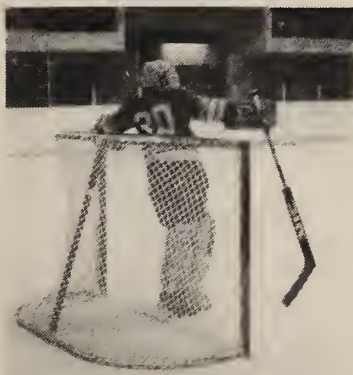
Inside

Question of the Week

Many Conestoga girls are checking into "General Hospital" but the men have entered "Another World." Page 2.

Psychosomatic Disorders

The illness has become a major problem for students undergoing the pressures of college. Page 4.



Battle of birds at the arena page 7.

Prime Time TV

Hollywood churns out garbage to replace the bombs of television's fall schedule. page 5

Aerobics classes

Elizabeth Mask Wessel puts students through a workout that leaves them gasping for air. Page 7.

Spoke

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Get off your apathy or else!

It is most appalling that despite the amount of discontent at Conestoga College's Doon campus, no one is willing to make an attempt to clear the air around certain issues.

There is obviously great concern among students and faculty alike in areas such as paid parking to take effect Sept. 1984, the suspension of the clerical-secretarial program, the isolation of some from the main student body and poor structure of many courses.

However, no one is willing to launch an attack on the problems. The students wait on the Doon Students Association, but why should the DSA be making arbitrary decisions and passing them off as representing the needs of the students? Certainly this is not the representation that is being sought. The students should air their concerns, giving their representatives areas in which to work.

And as for the faculty, there must be some ominous figure standing over them with foot tapping, heavy stick in hand, pounds upon pounds of gold around his neck and a Mohawk hairstyle to enhance an already fierce countenance.

Why else would they refuse to talk to Spoke, or demand to see the final copy of articles written?

Come on, you know we don't work like that.

Ottawa severing family unit

Justice Minister Mark MacGuigan's recently proposed amendments to the Divorce Act are the latest example of the Liberal government's gradual, scissor-like cuts into the moral fabric of Canadian society. Not only do the amendments provide an easy-out situation for people who may not wish to work at a marriage, they also have the potential of eroding the fundamental social unit, the family.

It seems strange that marriage, one of the institutions which has made western civilization strong, should be treated so lightly. Apparently Pierre and friends feel that we've progressed so far through technology and social reform that we don't need to pay much attention to such an outdated social custom. Perhaps the Liberals should look into their history books and see that every strong civilization had an accompanying strong family unit at its base. Any law that potentially weakens this base, potentially weakens society.

The Chinese, realizing how fundamental the family is to an orderly society, have passed laws that heavily punish anyone connected with a crime that could hurt the family. The Liberal government, entrusted with leadership by the people, should follow the Chinese lead rather than consider passing laws that make divorce just another option in our modern lifestyle.

Davis considers jail or bail

We all know that if you take a kid who has committed a crime, say robbed a store, and you throw him in an overcrowded jail for a few weeks or even a few months to await his trial, well, we know it isn't right. And we know that while the kid, maybe it's his first offense, is in jail chances are he'll pick up some real tricks of the trade, like where to buy a gun or how to properly rob a bank. We also know that after the kid has served, possibly, eight months in jail to satisfy the administration, he might get a fine or be acquitted.

What we maybe haven't thought about is that this is the most critical time in the kid's life and here he is surrounded by hard-core criminals.

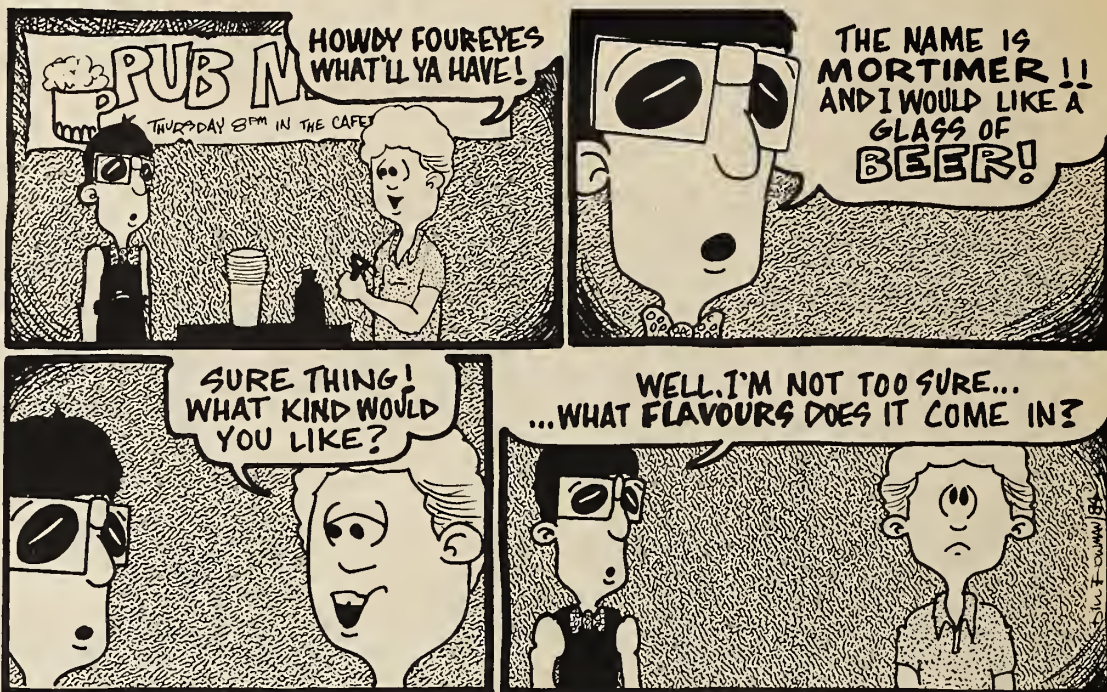
Well, it's obvious the Davis government doesn't know any of this. Or if they do, they're not sleeping well at night. They want to stop funding of the dozen bail supervision programs in Ontario. They say they can't afford the measly \$812,000 spent annually for all 12 programs. They want to re-allocate the money, saying it can be spent better ways.

What we do know is that the \$73.79 per day dished out by the Ontario government to keep someone in jail is a far cry from the \$2.60 per day it costs for supervised bail. The idea that it's cheaper to lock someone up just doesn't hold water and the Ministry of Correctional Services knows it.

But the correctional system has never pondered the logic of what they do. If they thought about it for a minute, they might realize that while it's easy to put someone in a cell, incarceration does nothing to remedy the problem - nothing to help the offender. The repeat offender list is long. For the kid it is a critical experience and jail becomes an alternative to living.

We know that, don't we?

CHESTER



Question of the week

Doon men are young & restless

Do campus men watch soaps?

Yes! During the daytime hours and some evenings, college men can be found sitting mesmerized in front of TV sets watching the fascinating fiction of the soaps. In fact, the daytime serial has been said to be today's romantic novel of the past.

Stu Trapp, a marketing student, has been tuning in to General Hospital for two years. "I get home around three o'clock, when G.H. begins. I know all the characters, and I watch it whenever possible."

Mike Picanco and Jeff Williamson, both accounting students, watch the nighttime soaps.

"I watch Dynasty because of the good looking ladies," says Picanco. Williamson includes Dallas, "whenever there is nothing else to do."

"Soap operas are just an excuse to get away from reality," says Frank Pagnon, electronic technology student. "Housewives sit at home afternoons and dream of having affairs and being rich."

Scott McCracken, a marketing student, feels soaps are stupid. "I hate soaps. They are

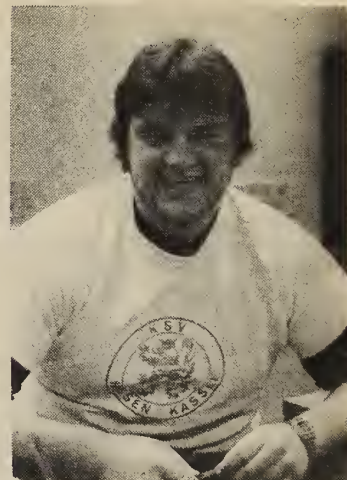
unrealistic and there is too much overacting."

"The Young and the Restless is my favorite soap," Doug Slack of broadcasting stated. In fact he informed us that the young actress who played Cindy, Paul Williams girlfriend, will be performing at the Bingeman Park Dinner Theatre very soon.

When asked why he watched the Y&R, Slack shrugged and replied, "The world is a soap."



Scott McCracken



Stu Trapp

Spoke/Thadeus Zebroski

Letters to the editor

The graduating students of business classes 3B02 and 3B01 question the choice of this year's photography company hired to take graduation photos.

The company in question is based in London. Surely the K-W area can provide a capable photographer for a substantially lower price. In fact, comparing Twin-city prices with the company in question, we saw a saving of up to 35 per cent.

It is surprising that the college is not supporting a project to promote the talents of their own graduates in the surrounding area. After all, if required, the college can supply full studio facilities and equipment.

The yearbook committee should be working in the students' best interest! Certainly, this unnecessary overpricing could have been avoided with a little organization.

With next year in mind, perhaps a little care and time should be taken in finding a less expensive alternative in the local telephone directory.

Concerned graduates of 3B02 and 3B01

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- (\$5 all day 1:00 - 10:00 p.m.)
- Dinner Show



Get in the Winter Carnival Spirit

Register in the DSA or Activities Office Today

OCC aims for participation

from page 1

such a short amount of time," said Norm Bertrand, DSA vice-president. "All they're concerned about is getting out of school."

Matthews stressed that colleges are new and that student presidents have enough trouble getting people involved in the local student association, let alone national student politics.

Mike Connolly, CFS-O's information officer, said the 200,000 member student federation has much to offer community college students. After paying the \$3 membership fee, each college can take full advantage of CFS-O's two full-time researchers and three full-time field workers who are based in Toronto. When a college is facing an administrative problem, such as Conestoga's potential pay parking next fall, the field workers are available to advise and help organize an effective campaign strategy. Further, CFS-O operates Infobank, an information service readily

accessible to all members.

"The system's there" said Matt Shaughnessy, CFS-O field worker. "All you have to do is plug into it."

But Monika Turner, newly elected CFS-O chairman, said CFS-O doesn't have a good idea of what the college students want or need, referring to the federation as 'undergrad-centric'.

Similarly, Nick Parker, CFS-O treasurer, said the field workers should go and talk to students.

"We are imposing what we think are the issues on the college", said Parker.

As much as the field workers may want to tour the colleges, it might be difficult considering there only three fieldworkers serving 29 member institutions.

Last June, CFS-O allocated \$5,500 to the OCC to conduct tours of the colleges. As of December 1983, none of the budget had been spent.

The reason for this, said Straw, is that presidents or

delegates of member colleges who are very active in the OCC eventually graduate. Or presidents follow the path laid down by the previous president.

"Randy (Hutchings, past president) was never involved in CFS-O, so I was never involved in it," confirmed Matthews. "If I was approached, I would most definitely bring it up to the executive and to the board of directors."

However Matthews concluded, "I guess if I was really interested, I could get involved."

SQUASH CLINICS

Beginner - Tues. Feb. 7. 7:00 - 10:00 p.m.

Advanced - Tues. Feb. 14. 7:00 - 10:00 p.m.

* Interested persons should sign-up at

at Central Control, Conestoga Centre

for both clinics

Trivia for tickets

The DSA sponsors Pub Quiz. The winner will receive two tickets to this week's pub featuring Glider.

Drop your answers in the Spoke boxes located in the lounge, outside the library and outside our office.

1. What's the only house in England the Queen may not enter?
2. What is the fourth book of the Old Testament?
3. What's a community of ants called?
4. What colour is yak's milk?
5. What animals was Napoleon afraid of?
6. What is a Mandrill?
7. What's the Hebrew word

for peace, used as both a greeting and a farewell

8. What's the national sport of Canada?
9. Who was Playboy's first centrefold?
10. What is regicide?

Last week's answers

1. Picasso
2. Willie Shoemaker
3. Comma
4. Pinkish-red
5. Steven Spielberg
6. 25
7. Rockies overlooking Lake Louise
8. San Francisco Bay
9. 1949
10. Uranus

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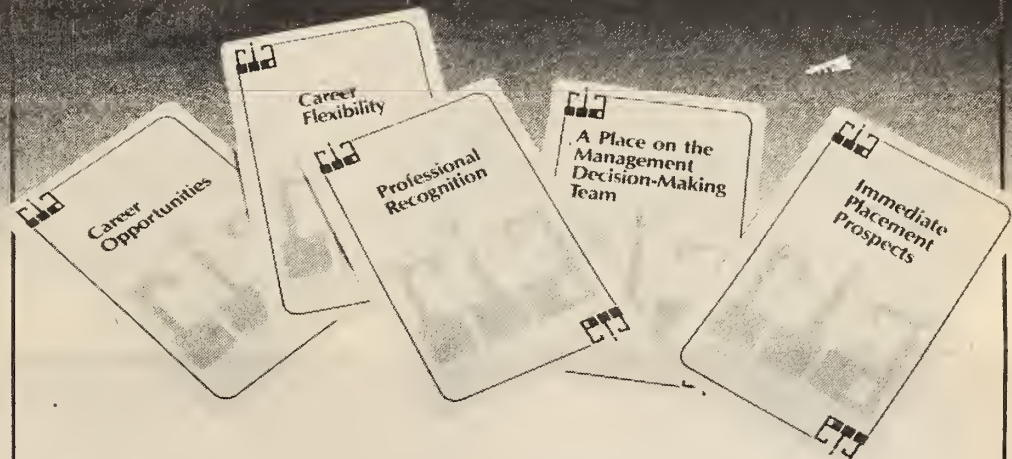


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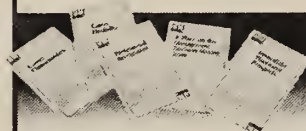
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The mind-body conflict

by Tricia Hermitage

It may not be "all in your head." Psychosomatic disorders, the relation of mind and body in illness, is a relatively new area in medicine that is becoming recognized as a major problem in modern society.

The student with incessant pressures and deadlines develops a skin rash. Or consider the high-powered executive whose job-related stress leads to an ulcer. Although it is possible that these ailments are purely organic disturbances, the odds are excellent that the illnesses are psychosomatic.

While the issue remains cloudy, doctors and psychologists generally agree that psychosomatic disorders are emotional or psychological conflicts that present themselves as genuine symptoms. The body reacts to any strong emotion with physiological changes. Heart rate, blood pressure and respiration increase. If the overstimulation continues unrelieved, the imbalance will cause organic failure.

This theory is not new. In 200 A.D. Galen, the Greek philosopher and physician estimated that 60 per cent of his patients had illnesses that stemmed from emotional, rather than physical, causes. As society becomes increasingly technological and impersonal, so the incidence of psychosomatic illness escalates. Today, depending on the medical survey one reads, it is suggested that 60 to 90 per cent of illness and disease have an emotional origin.

The difficulties in reaching a more precise figure are three-fold and lie in the area of diagnosis. It is the nature of medicine to search for the physical cause of a disorder; be it internal - functional failure, or external - environmentally produced. Only after all these avenues have been explored, does the possibility of an emotional involvement arise.

The problem is compounded by the fact that the patient, whose illness is emotionally rooted, has an unconscious resistance to relinquishing the measures he has used to contend with his stress. These

physical symptoms can affect any part of the body and result in illnesses ranging from asthma, arthritis and high blood pressure to heart attack and cancer.

Joyce Stormont, of the college infirmary, has observed that certain events, such as the beginning of the school year and exam weeks, seem to trigger an increase in infirmary traffic. Just how many of the complaints are psychosomatic is difficult to assess.

In order to be effective and permanent, treatment must be initiated in two areas simultaneously. The physical symptoms are treated with medication or surgery and the emotional problems are resolved with psychotherapy.

Thus, the executive with the ulcer may be given medication and modified diet to cure the ulcer and counselling to aid him in dealing with the stress of his job. The student with the rash applies ointment to alleviate the itching and attends a stress workshop where he learns to handle his pressures constructively. Obviously, by treating only the physical symptoms, the possibility of recurrence is high.

Prevention is the best cure. People must develop creative outlets for their emotional tensions. The answer may lie in fostering emotional awareness by such methods as stress workshops. Learning to deal with the conflicts and tensions of living through relaxation exercises and assertiveness training may reduce the unconscious physical demands we place on our bodies.

Theft
from page 1

some, the amount of theft is small."

Insurance covers the more substantial losses but other items must be absorbed by the college and ultimately, the students.

Theft reports are directed to Rostance who may initiate further action by forwarding the information to the Waterloo Regional Police. Surprisingly, stolen articles are returned, often from as far away as Vancouver.

Although members of the college community may not be the angels their parents would like to think, "There are more honest people around than dishonest," says Leeuwenburg.

College honored

In recognition of its efforts in assisting the handicapped to secure employment, Conestoga College received the 1983, Employer of the Year award, sponsored jointly by the Chambers of Commerce in Kitchener and Waterloo.

The honor "reflects an attitude as much as it does our practices," said College President, Joseph Martin.

The plaque which was presented at a reception in November, was displayed at the board of governor's meeting Jan. 22.

As an equal opportunity employer, the college endeavors to provide convenient accessibility for both employees and students.

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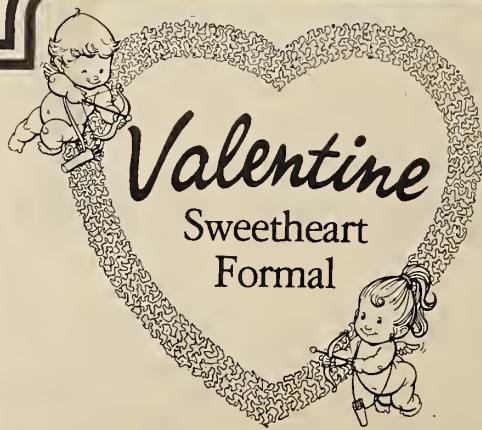
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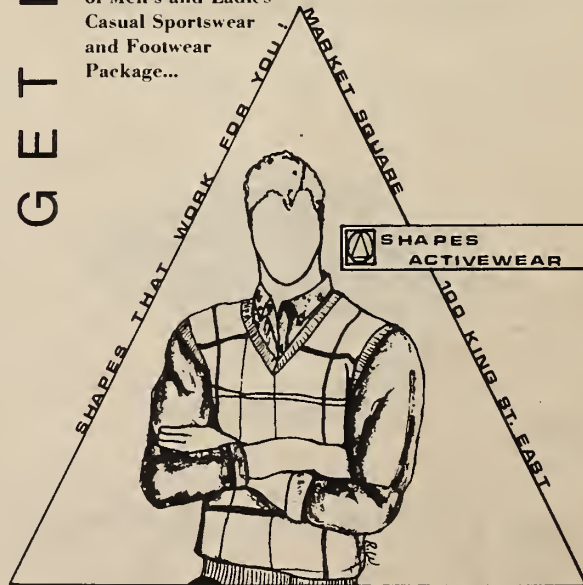
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SHAPES
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Season's television panned

by Timothy Payne

I could start with "just when you thought it was safe to go back to the TV set," but the idea has quickly found a place in the dark closet of clichés; still it would have been so appropriate in introducing the tales of woe brought on by the 1983/84 television season thus far.

The drivel missed by the clean-up crew at the end of 1983 has since found company in series such as *Blue Thunder*, based on Roy Scheider's recent feature film of the same title.

Ex-Viet Nam chopper ace, Frank Chaney (James Farentino) pilots a whirly-bird full of ultra sophisticated technological equipment in a relentless fight against crime. There is a terrible mismatch, and the bad guys don't stand a chance against *Blue Thunder* which is capable of destroying huge structures with a blast from some special weapon. Consequently, the action is limited to open fields and blue skies which does well for the scenery. However, this leaves remote controlled planes and heat seeking missiles as the opposition's weapons and these have already gone into overuse.

Farentino does a commendable job in the lead role, although his first inclination was to say "no" when Columbia Pictures Television offered him the part. He should have stuck by his guns. It is just a matter of time before Columbia finds the hefty \$1.5 million put into each episode just isn't worth it and grounds *Blue Thunder*.

And if *Blue Thunder* wasn't enough, Ernest Borgnine and Jan-Michael Vincent show up in *Airwolf*, another "awesome attack helicopter."

Not to be totally despondent though; the makers of the *A-Team* have sent us *Riptide*. Here we have a couple of beach bums turned detectives and not doing a bad job either. If they would get rid of the problem plaguing many new shows, a jargon-spewing computer wizard, things could well take off.

And if you can imagine Lee Van Cleef without a sombrero and Clint Eastwood, then *The Master* could be your show. Van Cleef plays the part of the American ever to become a Ninja, the most feared of all Oriental warriors, and with natural sinistry puts the fast-moving show into the promising category.

Then there is *Legmen*, two youngsters running a detective agency to pay their way through college. And Friday night saw the premiere of Mickey Spillane's *Mike Hammer* with Stacy Keach in the lead role. Both sound promising, but could be flattering to deceive. So, keep hold of Mr. T's *A-Team*. By the time you get tired of the gang's antics, someone might have made another series worth watching.



Slack and friends blend blues in to the evening

Spoke/Patricia Derry

Students strut their stuff

Spirits were high and energy flowing last Thursday night as Conestoga talent took to the spotlight, giving a most entertaining show at its second annual Homegrown Talent Nite.

All who appeared deserved credit for their performances. "The talent shown tonight was outstanding," said one of the judges, Dave Schneider from CHYM radio. "It was difficult to choose a winner."

Robin Smith took first place for his solo guitar and piano performances. "I was really surprised," said Smith. "I was very entertained by Geoff Stevens." Stevens placed second for his guitar solos.

Only two airbands participated in the contest, therefore both went away winners. First prize went to Wendy-O-Zettel & Zappers for their lively impression of the groups Toronto and the Headpins. Second prize was awarded to The

Misfits who gave an equally energetic performance.

The final and most enjoyed category of the evening was the group performances. Best group was Devious Means, whose act included two songs by the Rolling Stones. The consensus of the band was that it was "fun," "excellent". Slack and Friends took second place with their blues material. They gave the audience a refreshing, and welcomed change of pace.

Breakdancing catches on

by Shane Kropf

It evolved in the ghetto streets and alleys. It took the aggressive mannerisms of street gangs and translated it into stylized movements of body-contorting dance.

Breakdancing is one of the fastest spreading crazes and can be seen in the streets of any large American city. Its popularity is gaining north of the border, and many Canadian cities are experiencing the breakdancing revolution.

Breakdancing involves frenzied shoulder-spins, writhing contortions, and robot-like dance moves. Made popular by videos, breakdancing can be seen in many clips including Michael Jackson's and Lionel Richie's videos.

"Breakdancing has taken its time getting here, but now that it's here I think it'll be a lasting thing," said Tyrone King. King and his three friends and partners in dance were seen performing near Speaker's Corner in downtown Kitchener last week and quickly attracted a large, appreciative audience.

"It started as a substitute for gang fights in the ghetto," King explained. "Down in the States, breakdancing competitions are even called battles. It's a great sport. You don't need any special equipment and a large piece of cardboard serves as a portable dance floor."

King, 19, started dancing simply because "it was fun to do."

Combining elements of mime, karate, acrobatics and jazz dance, King does an impromptu routine. His body stiffens like a robot, then suddenly goes limp and drops to the ground and performs a caterpillar-like motion. He does a somersault and spins on one shoulder, his feet flailing wildly. He leaps to his feet and takes several steps backwards, while giving the illusion of walking forward. King gyrates fiercely on one foot and brings an end to the dancing display.

"I think it's great that breakdancing is becoming popular. It used to be that only black guys were into it, but recently I've seen a lot of white guys with the moves too."

King is still waiting for local interest in breakdancing to increase, however.

"We take the dance routines pretty seriously," King said. "It's only a matter of time until the dance phenomenon explodes in Kitchener, and we plan to be right on top of it."

Practice is the most important part of becoming a good breakdancer, King said.

"A lot of the moves require the use of illusion to make it successful. Like the backward-forward walk that looks like you're walking forward. If you don't practice, you can't pull it off because the illusion won't

be there. Just like anything else, practice making perfect but there's still room for improvement and endless possibilities for variety," King said.

Breakdancing has been around for years but King credits the rock video industry for increasing its popularity and giving it a respectable name.

"It's not something that back-alley, street-gang toughs have a monopoly on anymore. Anyone can do it and it is certainly a more respectable social activity than knifing someone," King added half-jokingly.

King's dance group, called the Breakers, has also appeared in Cambridge and is planning demonstrations in Guelph next month. The group has been together for about nine months but King and the other Breakers-Greg Smith, Scott Simpson and Leroy Hamel have known each other since they started high school together five years ago.

"We started hanging around together at dances because we all could do some basic break-dance moves. I think it was Scott that suggested we form a group. We never took it too seriously until about six months ago when we realized how popular this dance form was becoming. Breakdancing is well on its way to becoming the social phenomenon of the eighties," King said.

Artist returns to roots

Murray McLauchlan's *Timberline* does what few popular albums are doing today; chronicles the events and trends in a country's history that have helped define its culture.

In the tradition of his American counterpart, Woody Guthrie, McLauchlan has taken his Canadian life experiences and transformed them into 10 of the most effective acoustically-based songs in his long and varied career.

The first single from the album, *Never Did Like That Train*, deals with traditional train-whistle calls of wanderlust, urging a man to leave his family and responsibilities and ride the rails looking for adventure and new opportunities. The song is effectively arranged with traditional train-like rhythms, wailing harmonica and Chet Atkins-style flat-top guitar picking.

In the slow ballad, *Trying To Stop The Sun From Going Down*, McLauchlan sings of Maritimers who decide to move to the oil fields of Alberta because of poor economic conditions in their ocean side homeland. The song beautifully portrays the feelings of alienation and thoughts of home that such a change of lifestyle and surrounding brings.

Timberline marks a return by McLauchlan to the acoustic style originally shown on his early albums with his band The Silver Tractors. After various forays into a harder-edged sound, McLauchlan seems to have discovered that a return to his musical roots would be in the best interests of his artistic career.

Perhaps the best example of McLauchlan's welding together of musical style and bardian phrasing occurs on the title cut, *Out Pas the Timberline*. The song is sparsely instrumented and tells the story of Canada's heartland and the longings of the soul that living in a northern climate brings.

Always the devotee to his Canadian upbringing, McLauchlan's regenerated interest in his musical roots make *Timberline* an artistic winner.



Spoke/Michel Bernier

DO YOU RECOGNIZE ANY OF THESE?

WHEN WRITING A TEST....

- ☒ MY PALMS SWEAT
- ☒ MY MIND GOES BLANK
- ☒ MY HEART BEATS FASTER
- ☒ MY HANDS SHAKE
- ☒ I FEEL PANICKY
- ☒ I THINK I'M GOING TO FAIL

IF YOU EXPERIENCE ANY OF
THESE, COME TO THE TEST
ANXIETY WORKSHOP BEGINNING
THE WEEK OF FEBRUARY 6TH
FOR 4 SESSIONS.
SIGN UP IN THE COUNSELLING
AND INFORMATION CENTRE.

Jackpot winners pursued

by Audrey Wicken

By noon Monday the sleepy winter atmosphere of the city of Brantford had been transformed by the media. At 8:30 a.m. that morning Stuart and Lillian Kelly had stepped forward to claim their \$13.8 million, Lotto 6/49 jackpot.

The Kellys were not returning to Brantford until Thursday and their small, modest bungalow at 373 Chatham St., had a deserted appearance. Neighbours watched from behind closed curtains as a crowd of reporters gathered in front of the house. The Channel 7 news crew had arrived from Buffalo and were filming the house, surrounding area, and crowd.

The Toronto Star, Globe and Mail, and Sun reporters canvassed the neighborhood asking anyone they met for scraps of information. One neighbor who refused to give his name said he had borrowed the Kelly's lawnmower last summer and that they were good neighbors. Other than that he had nothing to say.

A man wearing a Thibodeau-Finch Express work jacket was questioned. He was George Osborne a co-worker of Kelly for 15 years. He said "Kelly worked there (Thibodeau-Finch) since 1948. I was not surprised when he retired last week. He used to be on the dock, but when the company changed hands he was put on the truck. I don't

think he liked it very well."

"It couldn't have happened to a nicer guy," said Osborne.

The Kellys had waited a week to break the news, keeping the winning ticket in a drawer covered with sweaters.

A couple of blocks away, an old red brick building at 401 Colborne St., was buzzing with excitement. Hordes of reporters converged on the De Filice



Kellys have the luck of the Irish

Confectionery where the Kellys usually buy their Lotto tickets. In a truly friendly Italian manner Anna and Nunzio De Filice greeted everyone. Free coffee was given to the media representatives. Not much cheese and Italian salami was sold but the press was buying Lotto tickets.

Two regular customers, Petrella Silvio and Len Ferras, buy tickets at De Filice's every Monday. Silvio said "I buy five dollars to \$10 worth a week. This is a lucky store. Lots of people win."

An expressive shrug of the shoulders, followed by a smile and a "maybe" was the answer a reporter received when he asked Anna De Filice if she hoped the Kellys would share some of their good fortune with them.

"Lotto 6/49 said I would get about \$1,400 for selling the ticket. One per cent would be nicer" said Nunzio De Filice with a chuckle.

He teased his wife by telling reporters "I won't tell you how many Lotto tickets I buy. Not when Anna is around."

"I won \$1,300 in the last couple of weeks and my son Johnny won \$2,000 on Lotto 6/49 a couple of years ago," said De Filice.

Reporters swarmed everywhere. Anyone with the slightest association with the Kellys was on stage. The Kellys will have to be prepared to face the same for months to come.

Smile

There is no justification for spitting in another man's face unless his moustache is on fire.

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T.V. Sports: Almost dead

by Mark Bryson

Once upon a time, the Canadian dollar was worth exactly what it claimed to be, you could fill up your car with gas and not have to take a second mortgage, and Saturday afternoon sportscasts used to even carry sports. How times have changed.

One such Saturday afternoon it was decided that the order of the day would be to lie down and indulge in as much sports as possible in a six-hour period. Easier said than done.

The afternoon starts off with wrestling from the World Wrestling Federation. Is this a sport? Some of the competitors seem to be in fairly good shape but the majority verify the rumour that a wrestler's pre-match warm-up is a six-pack and a burger. Maybe there will be something on at one.

Wrong again. The high-lite of the one o'clock time-slot is, you guessed it, pro wrestling. The only difference between this telecast and its predecessor is its obvious Canadianism, that is, it's not very good. It's time for lunch anyways, things have to get better at two.

Let's start with a little of CBC's Sportsweekend. Ernie starts off by telling us the action packed afternoon we are in store for. First we will be going to Kelowna, British Columbia to view, first hand no doubt, the Canadian Belly-flop Championships. Then, via satellite to Auckland, New Zealand, for the World (over 65) Lawn Bowling championships. If this is not too much for you already, then how about curling from Switzerland or shuttlecocking from Bournemouth, England. Perhaps the American channel's have something.

A quick flip to ABC and we are in the Leisure Lanes of Sandusky, Ohio for the Pro Bowlers' tour. Guys with names like Fuzzy, Biffy, Lefty and Earl wearing clothes that shout at you, "We have all the colours in the spectrum." No thanks, over to CBS.

If you think pro bowling is bad, check out Beat the Champ. This show provides out-of-work Buffalonian's with the opportunity to say hello to the boys at the warehouse and the guys from the Tuesday night league. The show is so memorable that Chuck's (the host) last name slips my mind right now. Strike two for the Yank's, time for NBC.

It's basketball from the NCAA. Not bad either, but being a Canuck, I find it really difficult to care who wins between the University of Las Vegas and Cal-Berkeley. Besides, in the words of CBS's Tom Brookshaw, "These guys have a combined IQ of less than 40." If it's stupidity we want we can flip over to the third wrestling telecast of the day.

Now we are left with the toughest choice of the afternoon so far. Should we watch, a) any of the above, b) He-man and the Masters of the Universe, or c) Godzilla vs. the Smog Monster. The best choice, without a doubt, is d) go back to bed.



Spoke/Thadeus Zebroski

Despite several good scoring opportunities the Condors lost to Humber Hawks in overtime.

Condors shinny improves

by Thadeus Zebroski

Conestoga's Mike Hayes scored two consecutive goals to tie the Condors with the Humber Hawks after the second period of play last Wednesday night at the arena.

The game finished in a 4-4 tie, with no scoring during the tightly played third period. But, Humber beat the Condors 5-4, at the three minute mark of overtime with a goal which came from a scramble in front of the Condor net.

Hayes also had an assist in the Condor's losing effort.

Other Condor marksmen were Todd Hoffman with a goal and three assists, Brad

Baechler with two assists, and Geoff Stevens, who scored at 1:41 of the second period.

The Condors played well defensively during the game and made a number of rink-wide passes that caught Humber off guard and gave themselves numerous opportunities.

Solid goaltending by both teams however, kept the score down as 74 minutes in penalties and two game misconducts were handed out.

The Condors killed off three straight penalties early in the third period to keep themselves in the game with the much physically larger Humber team.

Quite a few body crunching checks also kept the Condor

fans alive. But, coach Dan Young, after the game, said his Condors, 'all gave 100 per cent,' adding that to stay with a team as good as Humber would require the good team effort he got.

Wednesday's game was the third game in a row in which the Condors have played overtime. They are now 1-1-1 in their last three games, and have an overall record of 5-12-1.

The previous Friday, the Condors played the Canadore Panthers at home, to a 5-5 tie, with a last minute goal by Todd Sheridan.

Other Condor goal scorers were Todd Hoffman with two, and Rich Tryon and Dan Randall with one each.

Athlete of the week

Kitchener's Todd Hoffman, a steady performer all season with the varsity hockey team, has been named Conestoga College Athlete of the Week for the week of January 16-20.

In two Ontario Colleges Athletic Association (OCAA) games played that week, Hoffman scored a total of four goals as the Condors defeated Centennial Colts 6-5 and tied Canadore Panthers 5-5.

Hoffman scored twice in each contest. His goal at 5:06 of overtime gave Conestoga the win over the Colts. Against Canadore, he also set up the game-tying goal late in the third period.

Hoffman is a student in the Production Planning and Inventory Control program at the Cambridge campus. He is a former member of the Guelph Platers of the Ontario Hockey League.

45 Minute workout

by Christine Sinding

Every Monday and Wednesday at the Conestoga Athletic Complex, Elizabeth Mask Wessel conducts a 45-minute aerobics class.

The class begins with a 10-minute warm-up to facilitate performance of muscles and is followed by 15 minutes of cardio vascular activity, designed to increase the heart rate.

Exercises continue with Wessel emphasizing the practice of exercising each individual muscle group. Although the classes work at an advanced-intermediate level, the participants are encouraged to perform at their own rate.

Popular modern music such as Culture Club, Michael Jackson and Men at Work is played during each work out.

The classes are conducted during the lunch hour because "mornings are too early and evenings are too late, (for students)," Wessel said.

So far Wessel has seen a good turn out, with classes increasing in size every week.

Val Martin, a first-year nursing student joined the class because she thought aerobics would be "fun to try" and she hasn't missed a class yet.

Craig Doucet from civil engineering technology joined to achieve cardio vascular fitness. "The true reason is so I can go skiing for an hour without getting tired," Doucet explained.

The future of the class depends on "word of mouth to spark further interest," Wessel said and since the classes are increasing in size, the word must be good.

If participation continues to increase, Wessel will include Friday classes in her curriculum.



Spoke/Mark Bryson

Intramural Team of the Week

The Management Squad of the Indoor Soccer League has been chosen the Intramural Team of the Week.

They team won both games in the week of Jan. 16-20 and is currently in first place.

Team members are: Front, Tony DaSilva, Dave Mota, Al Kissack, Rocky Vasco, Louie Ferfolja; Back, Dave Parsons, Dave Scheklesby, Rick Jondosch, Mark Webb, Manny Maciel.

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CFS-O delegates at final plenary

CFS-O against proposals

by Sandy Osborne

The major focus of the Canadian Federation of Students-Ontario (CFS-O) Winter Conference last weekend was the provincial government's plan for reshaping the university system. Dr. Bette Stephenson, education minister, has appointed a three-member commission who are responsible for providing a plan for restructuring the university system with regard to universal accessibility, rationalization (cut-back), stricter entrance examinations, higher tuition fees and a greater faculty renewal rate.

We're deadset against Stephenson's proposals," said Ian

Nelmes, CFS-O chairman. "Education shouldn't be a privilege."

"Universal accessibility as a policy has gone right out the window in the minister of colleges and universities' mad rush to rationalize a system falling apart from underfunding," said Nelmes. He states colleges will be overrun by students who couldn't make it to university because of tough entrance exams or lack of finances.

Nelmes is also concerned about the effect the reshaping will have on the quality of education, saying students will be 'non-educated', with more emphasis on training.

"What is higher education,"

asked Nelmes, "to learn how to build a bridge?"

CFS-O proposes to:

- form alliances with various educational associations.
- ask for Dr. Stephenson's resignation
- lobby Dr. Stephenson by means of phone calls, letters.
- produce buttons and posters which localize the implications of the minister's plan.
- lobby the opposition parties
- organize a massive demonstration at Queen's Park during March.

International student rights was another issue dealt with at the CFS-O conference. The federation is willing to support, morally and financially, the Committee of Concerned Visa Students (CCVS) in its campaign for student rights.

Decisions made at the conference were:

- to prepare a press kit, containing pertinent information on visa students, to be sent to local student councils.
- to encourage member associations to attempt to form an International Students Organizing Committee.
- to assist the CCVS in its impending lawsuit action against the university administration to protect the rights of international students
- to prepare a study of the economic impact of visa-student enrolment
- to have each student union analyze the visa student services provided on its campus and encourage additional services if needed.

The peace workshop approved the following recommendations:

- to send a letter to Prime Minister P.E. Trudeau endorsing and supporting his peace initiatives
- to encourage the development of curriculum in peace studies at universities and colleges
- to support Dialogue '84 an international peace jamboree in Ottawa, Sept. 1-9. The objectives of the jamboree are to foster awareness, to educate and to act as a catalyst. Dialogue '84 will coincide with the visit of Pope Paul II, there by attracting world wide media attention.

Smile

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